



# Magische meubels Switzerland

Have you always wanted to create your own piece of furniture? To make something authentic, out of wood? I offer you the space & place to create it. And what a place indeed...

*Stroom*



## Imagine... A heavenly place, up in the Swiss mountains

**A romantic old village where wildlife is so flourishing and abundant. You can smell the flowers, drink water directly from source, so vital and so alive.. and eat fruit and veggies right from the garden. Or better yet...since we are in heaven, dinner will be prepared by the amazing cooks just when you need it.**



Fantastic mountainwalks with amazing waterfalls, each view more mind-blowing than the next..

...And in the midst of all this... imagine a lovely workshop. Inside is where the magic happens. Enough tools to realize what you've just created in your head and your soul, with enough inspiration.

I will guide you through the exciting process of manifestation, through meditation, visualization from which we will create a visionboard that will help you create your own altar.

*"Imagine a lovely workshop. Inside is where the magic happens."*



## I call it Magische Meubels; Magic Furniture

An altar, the way I see it, is not a static piece of furniture. It's a dynamic workplace which you can relate to each and every day and bring creation into process. It helps you to remember and connect to your heart's desire and will guide you in setting your intentions for the day. This way you could experience that life is not merely something that happens to you, but you can definitely influence the way it will enroll.



## My name is Irene Werdler. I work as an acupuncturist and coach in life processes

I used to have my own workshop where I made furniture for clients, often under pressure and produced a lot of waste along the way..That made me turn away from my old profession.

Now, I'm again connecting to these old skills, but from a different view. To feel from a place of silence and connection, what wants to be created.



*"Enjoying the process of making is important — no pressure... play, feel, create, and let your intuition guide you."*

## In this retreat we will:

- ✦ Start each day with some form of connecting, with ourselves, each other and nature. By practicing meditation, visualization, yoga, qi gong, nature walks and also be integrating breathwork.
- ✦ Create a visionboard, that will serve as the foundation for your altar. You will get in touch with that what truly stirs your stampot.
- ✦ Learn how to work with machines and learn serveral woodworking techniques. No extensive knowledge of machines or materials is required.
- ✦ I work within a framework, using an existing base-design that still allows plenty of room for you to contribute and personalize, so that your piece becomes a unique, one-of-a-kind creation.
- ✦ Work with materials that have already had a previous life something you've found in the local thrift store with a story, waiting to be given new life.
- ✦ By the end of the workshop, you will have created your own altar: a creative workspace you can connect with every day, where you can visualize your desires and bring even more beauty into being!

### When and where, and what are the costs?



The workshop will take place in Bordeï, Switzerland, from 6th until the 12th of september. You'll be sleeping in comfortable bedrooms in the ecovillage. You can come by car, plane or train to Locarno at the Lago Maggiore, where you will be picked up from the station and have a stunning half an hour drive up the mountain to arrive in our beautiful little village.

The costs of this 6 day-retreat will be 1111,-euro. This includes your stay, all meals and additional materials will be taken care of.

More information about this retreat? contact me!  
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