



# The Hero's Adventure

A journey from shadow to light

14-20 SEPTEMBER

A unique retreat for those who sense a deeper call within—a call to uncover their soul's purpose and bring their gifts into the world. This journey is designed to awaken your inner clarity, courage, and connection. It is inspired by the timeless myth of the hero's quest: leaving the known, entering the unknown, and returning with the wisdom the world needs.

Central to this retreat is a 24-hour solo vision quest in nature, where each participant will fast from everything but water and step into the silence of the forest. This sacred time alone is not about escaping life, but about listening—deeply. Before and after this quest, you'll be guided with care and depth by experienced facilitators to help prepare and integrate what emerges.



Ecovillage  
Sanctuary

For more information and bookings visit

**[www.ecovillagesanctuary.org](http://www.ecovillagesanctuary.org)**